

**Exploring Together: Women's Rights
Motherhood
6-7 p.m. Tuesday, November 15 on Zoom**

Books:

Ordinary Insanity: Fear and the Silent Crisis of Motherhood in America by Sarah Menkedick

Motherhood So White: A Memoir of Race, Gender, and Parenting in America by Nefertiti Austin

Kid Gloves: Nine Months of Careful Chaos by Lucy Knisley

Articles:

Oregon Paid Family Medical Leave: How Will it Work in the Future?

<https://www.opb.org/article/2022/05/01/oregon-paid-family-leave-how-will-it-work/>

<https://www.apa.org/monitor/2022/04/feature-parental-leave>

Breastfeeding <https://my.clevelandclinic.org/health/articles/15274-benefits-of-breastfeeding>

Pregnancy complications <https://www.hopkinsmedicine.org/health/conditions-and-diseases/staying-healthy-during-pregnancy/complications-of-pregnancy>

Difficulties of getting pregnant <https://www.mayoclinic.org/diseases-conditions/infertility/symptoms-causes/syc-20354317>

Visual Media -

Why Moms are Miserable | Sheryl Ziegler

<https://www.youtube.com/watch?v=MwvctN3Uejg>