

# FIND A HEALTH CARE PROVIDER

Better value. Better together.

With a growing nationwide Open Access Plus (OAP) network\* of nearly 925,000 health care professionals and more than 6,300 facilities, Cigna offers you a range of quality choices to help you stay healthy.

## Three ways to find what you need

There are three ways to find a network provider:

1. If you're already enrolled, visit **myCigna.com** and log in using your User ID and Password.
2. Visit **Cigna.com** and click "Find a Doctor, Dentist, or Facility." Be sure to select the "OAP, OA Plus, Choice Fund OA Plus" network.
3. Call your Third Party Administrator during business hours.

Features on **myCigna.com** allow you to:

- Narrow your results by distance, specialty and more.
- Email a copy of your search results.
- Find doctors in 22 different medical specialties, who meet certain quality and cost-efficiency measures and have been awarded the Cigna Care Designation.

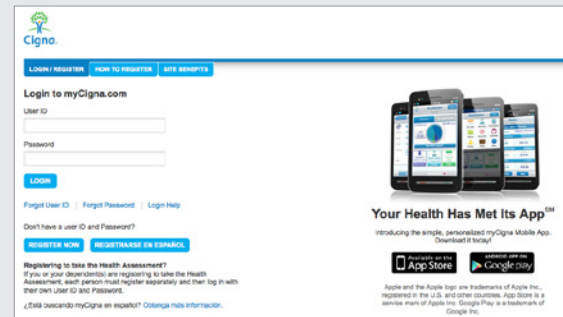
Cigna's extensive OAP Network gives you access to qualified health care professionals. Your good health is important, and we're here to help.

If you're looking for a mental health or substance abuse professional, visit **CignaBehavioral.com**. On the landing page, select "Provider Directory" and then scroll down on the "Find a Therapist/Psychiatrist" page to fill in your search criteria.

Together, all the way.®

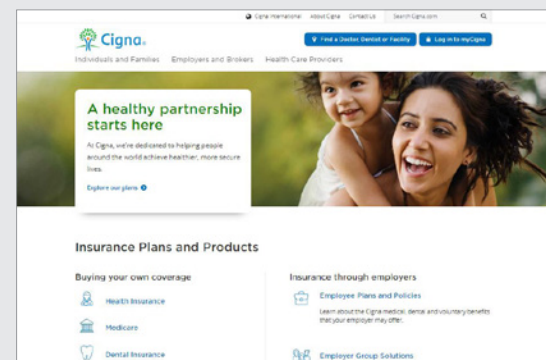
## Option 1

Log in to myCigna.com



## Option 2

1. Visit **Cigna.com** – click on "Find a Doctor" (upper right).
2. On the next page, click on "Plans through your employer or school" (Not a Cigna customer yet).
3. Click "Pick" (small orange box).
4. Click "OAP, OA Plus, Choice Fund OA Plus" in the pop-up box.



\* "Cigna OAP Network" refers to the health care providers (doctors, hospitals, specialists) contracted as part of the Cigna Open Access Plus Network for Shared Administration. To search this directory online, be sure to log-on to myCigna.com or visit <http://sarhqdir.cigna.com/mcoap>.

Quality designations, cost-efficiency and other ratings reflect a partial assessment of quality and cost-efficiency and should not be the sole basis for decision-making. They are not a guarantee of the quality of care that will be provided to individual patients. You are encouraged to consider all relevant factors and consult with your physician when selecting a health care provider. Health care providers that participate in the Cigna network are independent contractors solely responsible for the care and services provided to their patients. They are not agents of Cigna.

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