



















How can we help?	Use it for:	Wait time <sup>1</sup>	Prescriptions <sup>2</sup>	Labs
 <p><b>Urgent Care</b> Fastest care. No scheduling needed.</p>	Non-emergency medical conditions like sore throat, cold, flu, pink eye, etc.	Typically under 30 minutes		
 <p><b>Wellness Screening</b> Scheduled visit.</p>	Preventive annual lab screening and review with a Primary Care Provider.	3-5 days		
 <p><b>Routine Care</b> Scheduled visit.</p>	Ongoing health conditions, requests for medication refills, lab tests, and any other questions and concerns.	2-4 days		
 <p><b>Therapy</b> Scheduled visit.</p>	Emotional and behavioral health concerns like anxiety, relationship issues, stress management, trauma, and more.	1-2 days		
 <p><b>Psychiatry</b> Scheduled visit.</p>	Behavioral conditions that require medication management, including depression, bipolar, panic disorders, and more.	2-3 days		
 <p><b>Dermatology</b> Secure messaging.</p>	Rashes, acne treatment, hair, nails, and any other skin conditions.	Reply within 48 hours, typically within 24 hours		



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<sup>1</sup>Wait times may vary. | <sup>2</sup>Prescriptions as applicable. | \*Your health benefit may not cover certain services.

This information is for educational purposes only. It's not medical advice. Always ask your doctor for appropriate examinations, treatment, testing and care recommendations.

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