



Make Your Wellness Goals a Reality

Canopy and **HUSK** offer wellness programs:

Exercise:

- Exclusive discounts at over **9,000** gyms, fitness centers, and studios nationwide.
- Reduced pricing for On-Demand exercise videos.

Eating:

- Exclusive discounts on weight loss and healthy eating programs for the whole family.

Education:

- Tools and resources that support you along your wellness journey.
- Reduced pricing on professionally guided health coaching programs.

Get started today:

1. Go to **my.canopywell.com** to log in or register as a new user
2. Click on **'My EAP Benefits'**
3. Click on **'Wellness and Gym Discounts'**



SCAN ME

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🌐 my.canopywell.com



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