

Center 50+ Advisory Commission Tuesday, May 1, 2018 – Minutes

ATTENDING MEMBERS: Alise Liepnieks, Allen Jakobitz, Beth Jackson, Billie Larson, Mel Fuller, Paula Hilgers, Rebekah Smith, Richard McGinty, Ron Rubel, Sandy Kinney **Staff:** Marilyn Daily, Kanoe Barth, Bonnie Katich, Suzanne Bishop **Guests:** Tracy Morgan of Alz. Association

OPENING EXERCISES: At 9:03 a.m. the meeting was opened by C50+AC President Ron Rubel. Roll call was taken. NWSDS Partner Beth Jackson announced their “Engaged at Every Age” event to be held in the last week of May, in connection with Older American Act Month.

APPROVAL OF AGENDA – Agenda for this meeting was unanimously approved by the commission, after motion by Sandy Kinney, seconded by Alise Liepnieks.

APPROVAL OF MINUTES – Minutes of the April 3rd meeting were unanimously approved after an administrative correction, noting the C50+AC meeting of March 6th had no quorum, so no official meeting and no minutes. Discussions were held, and discussion notes have been approved.

PUBLIC COMMENT – N/A

ACTION ITEMS

A. *C50+AC meeting schedule* was discussed, and the commission unanimously voted to make these adjustments to the 2018-19 meeting schedule on the work plan: 1. No monthly meeting in July. 2. The commission retreat will be Tuesday, August 21. 3. September 4th there will be monthly meeting immediately after the Welcome Back Breakfast. 4. No monthly meeting in January.

B. *Pool Room Usage* was discussed and commissioners brainstormed some possibilities, e.g. an organized game room with tournaments, or more space for health and fitness programming. Director Daily observed that having volunteer supervisors for the pool room has been helping – attendance is up, and participants are following the rules. For the present, pool will be allowed to continue, and will be revisited when next long-term strategic plan is created.

INFORMATION REPORTS

Center 50+ Director - Director Daily distributed her update dated May 1, 2018, and a press release for the May 16th Age Friendly panel discussion on Civic

Participation, Employment and Volunteerism. June 20th the discussion will be Health and Community Resources.

- Health and Fitness Coordinator Kanoe Barth reported for the Fitness Center. Highlights: All fitness classes have been meeting their minimum. A Fit-Bit Charge will be awarded to the winner of the workout challenge. A World Tai Chi Day event was held at the Center on Saturday.
- Director Daily reported that Computer Lab Coordinator Alvin Scott has been working on a partnership with CCTV for students to learn filming. Director Daily invited commission members to consider producing a show, either as a “star” or behind the camera. Ron Rubel and Billie Larson volunteered, and others are considering.
- Lifelong Learning Coordinator Bonnie Katich reported several new instructors have been added. LLL, Computer Lab, and Fitness Center coordinators are working together Summer Camps for three Wednesdays in July.
- Director Daily thanked all who came to the Volunteer Recognition event Friday, and went over upcoming events. Fliers announcing the Foodie Club were distributed. A sample sponsor packet was distributed.

Alzheimer’s Association Partner—report by Tracy Morgan. Highlights: Power point slides were used to give an overview of the Association’s vision, history, structure and services. The organization provides care, support and research. They serve people free, work to advance public policy at the state and federal level, and to get research dollars. 1-800-272-3900 is a 24/7 nationwide helpline offering care and support for all those affected by Alzheimer’s. To learn about research going on, visit alz.org/trialmatch. Commission members are invited to talk to Alise if they want to be a table host at the Reason to Hope fundraising breakfast. Q & A followed the report.

Friends Fundraising—Billie Larson reported. Friends has had a very good year for raising funds – they are well ahead of their goal. They are considering special Bingo fundraising Friday evenings, bringing people from outside the building. The project is inspired by “Not Your Grandmother’s Bingo”, a very successful fundraiser being done in Olympia, WA.

Volunteer Work Group—Allen Jakobitz reported that at the group’s last meeting, they discussed hours that are identified for volunteerism. Also, a volunteer is needed to present a two-hour seminar/class discussion on any subject at Chemeketa, as part of a series of seminars for ladies leaving the penal system.

ADJOURNMENT— 10:23 a.m.